

Clinical Practice Guidelines

Adopted by CalOptima Health

Clinical practice guidelines (CPGs) help address conditions frequently seen in patients at your practice. All CPGs included have been reviewed and approved by CalOptima Health's Clinical Quality Improvement Committee. All CPGs are connected to links that are simple to access. A detailed document, linked to peer-reviewed or organizational sources, accompanies each link. Additional CPGs can be added upon request and approval by the Clinical Quality Improvement Committee.

Clinical Practice Guidelines



GENERAL GUIDELINES

- ❖ ICD-10-CM Official Guidelines for Coding and Reporting for FY 2022. Centers for Medicare & Medicaid Services (CMS) 
- ❖ General Clinical Resources
[cdc.gov](https://www.cdc.gov) [nih.gov](https://www.nih.gov) [ahrq.gov](https://www.ahrq.gov)



ASTHMA

- ❖ 2020 Focused Updates to the Asthma Management Guidelines: At-A-Glance Guide. National Heart, Lung, and Blood Institute 



BEHAVIORAL HEALTH

- ❖ APA Clinical Practice Guideline for the Treatment of Depression Across Three Age Cohorts. American Psychological Association (2019) 
- ❖ Nonpharmacologic Versus Pharmacologic Treatment of Adult Patients with Major Depressive Disorder: A Clinical Practice Guideline. American College of Physicians (2016) 



CARDIOVASCULAR

- ❖ 2022 AHA/ACC/HFSA Guideline for the Management of Heart Failure: Executive Summary: A Report of the American College of Cardiology/American Heart Association Joint Committee on Clinical Practice Guidelines 



ENDOCRINE

- ❖ American Diabetes Association (ADA) Diabetes Care (2023)
- ❖ Pharmacologic Approaches to Glycemic Treatment: Standards of Medical Care in Diabetes (2022). ADA



HYPERTENSION

- ❖ Hypertension Clinical Practice Guidelines (ISH, 2020): What is New? National Library of Medicine



INFECTIOUS DISEASES

- ❖ California Sexually Transmitted Infections (STI) Treatment Guideline for Adults and Adolescents. Centers for Disease Control and Prevention (CDC) (2021)



OBSTETRICS AND PERINATAL CARE

- ❖ Guidelines for Perinatal Care, 8th Edition. American Academy of Pediatrics and The American College of Obstetricians and Gynecologists (ACOG) (2017)



MUSCULOSKELETAL

- ❖ American College of Occupational and Environmental Medicine. Cervical and Thoracic Spine Disorders (2016)
- ❖ 2019 American College of Rheumatology/Arthritis Foundation Guideline for the Management of Osteoarthritis of the Hand, Hip, and Knee (2019)

Preventive Health Guidelines



AGES 0-18 YEARS

- ❖ California Management Guidelines on Childhood Lead Poisoning for Health Care Providers. California Department of Public Health (2017)
- ❖ Recommendations for Preventive Pediatric Health Care. Bright Futures/American Academy of Pediatrics (AAP) (2022)



AGES 19 AND OLDER

- ❖ Recommended Adult Immunization Schedule for Ages 19 years or Older, United States, 2022. CDC (2022)
- ❖ U.S. Preventive Services Task Force (USPSTF) A and B Recommendations
- ❖ Breast Cancer Risk Assessment Tool (2018). National Cancer Institute
- ❖ Updated Cervical Cancer Screening Guidelines. ACOG