

What to Expect When You Get the COVID-19 Vaccine

Safe and effective COVID-19 vaccines are one of the most important ways to end the pandemic.

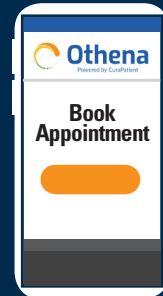
Remember: Every vaccine protects you from getting COVID-19.

The COVID-19 vaccine is no-cost!

FACTS: The COVID-19 vaccine does not contain the live virus. It cannot give you COVID-19. It does not make you contagious. On a COVID-19 test, it does not make you test positive.

How to Get Your COVID-19 Vaccine

- If you live or work in Orange County, register at **Othena.com**. You will be notified when you are eligible to get the COVID-19 vaccine.
- You can also schedule a vaccine appointment at your local **CVS, Walgreens** or **Rite Aid** pharmacies.



For Your Vaccine Visit

- Do not take **aspirin, acetaminophen (Tylenol), ibuprofen (Advil) or antihistamines (Benadryl)**.
- **Arrive on time.**
- Bring your **appointment confirmation** with you.
- **Have a form of ID handy to prove** your identity with a picture ID and your name, date of birth, and proof that you live or work in Orange County.
- Make sure to follow all **COVID-19 protocols**. Wear a mask and stay at least 6 feet away from others inside and in lines.
- After your vaccination, you will be asked to **stay for 15 minutes** to make sure you are OK.

After Your Vaccine Visit

- If you receive a vaccine that requires two doses, your provider will **make a follow-up appointment** with you.
- **You might experience side effects.** This means that your body is responding to the vaccine, which is normal! Possible side effects include:
 - Muscle pain - Nausea - Joint pain
 - Fatigue - Chills - Fever
 - Headache

If your side effects get worse, call your doctor right away. For severe allergic reactions, call 9-1-1.

It takes time for your body to build protection after vaccination. People are fully vaccinated 2 weeks after their second shot of the Pfizer or Moderna vaccines. For single shot COVID-19 vaccines, full vaccination is after 2 weeks.



Talk to your doctor if you have questions about the COVID-19 vaccine or visit us at www.caloptima.org/vaccine.

CalOptima Medi-Cal **1-888-587-8088**
OneCare Connect **1-855-705-8823**
OneCare (HMO SNP) **1-877-412-2734**
TTY **711**



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