

Orange County Family Empowerment Centers and Family Resource Centers

What is a Family Empowerment Center?

Family Empowerment Centers offer parents and guardians of children and young adults with disabilities access to accurate information, specialized training and peer-to-peer support in their communities. There are 14 centers in California to serve families with children and young adults with disabilities. They help people from ages 3 to 18, and young adults from ages 19 to 22. Young adults must have had an individualized education plan before they turn 18.

Orange County's Family Empowerment Center is:

Team of Advocates for Special Kids: 1-866-828-8275 (toll-free in CA) http://taskca.org/

What is a Family Resource Center?

A Family Resource Center is a community-based, family-friendly program. Family resource centers offer help to parents, families and children to locate and use needed services. Some can assist in many languages. They may link people to newsletters, resource libraries, websites, call line lists and referrals for parents and others. The centers differ from each other. Many of these places are open to everyone and some focus on a few groups.



City	Family Resourse Center Contact Information
Aliso Viejo	Aliso Viejo Family Resource Center 1-949-425-2550 www.cityofalisoviejo.com/location/aliso-viejo-family-resource- center-frc
Anaheim	Access California Services 1-800-287-1332 www.accesscal.org
	Anaheim Harbor Family Resource Center – FaCT 1-714-399-0590 www.factoc.org/anaheimharbor
	Anaheim Independencia Center 1-714-826-9070 www.capoc.org/community/frc.html
	Family Oasis FRC (Western Youth Center, North County location) 1-714-517-7107 <u>www.factoc.org/familyoasis</u>
	Miraloma Park Family Resource Center 1-714-765-6490 www.anaheim.net/2206/Miraloma-Park-Family-Resource-Center
	Ponderosa Park Family Resource Center — FaCT 1-714-765-5400 www.anaheim.net/1136/Ponderosa-Park-Family-Resource-Center
	Team of Advocates for Special Kids (TASK) 1-714-533-8275 www.taskca.org
Brea	Brea Family Resource Center 1-714-990-7150 www.cityofbrea.net/251/Resource-Center
Buena Park	Korean Community Services (KCS) Buena Park 1-714-503-6550 www.koreancommunity.org
Costa Mesa	Costa Mesa Family Resource Center — FaCT 1-949-764-8100 www.factoc.org/cmfrc

City	Family Resourse Center Contact Information
Fullerton	Garnet Neighborhood Center — City of Fullerton 1-714-996-2574 www.cityoffullerton.com/gov/departments/parks_n_recreation/ neighborhood_centers/garnet_n_gilbert_neighborhood_centers. asp_
	Gilbert Neighborhood Center — City of Fullerton 1-714-773-1304 <u>www.cityoffullerton.com/gov/departments/parks_n_recreation/</u> <u>neighborhood_centers/garnet_n_gilbert_neighborhood_centers.</u> <u>asp_</u>
	Maple Neighborhood Center — City of Fullerton 1-714-738-3161 www.cityoffullerton.com/gov/departments/parks_n_recreation/ neighborhood_centers/maple_neighborhood_center.asp
	Richman Neighborhood Center — City of Fullerton 1-714-773-1305 www.cityoffullerton.com/gov/departments/parks n recreation/ neighborhood centers/richman neighborhood center.asp
Garden Grove	Boys & Girls Clubs of Garden Grove, ARCHES 1-714-532-7940 www.bgcgg.org/programs/arches.html
	Buena Clinton Youth & Family Center 1-714-741-5768 www.buenaclinton.org
	Magnolia Park Family Resource Center — FaCT 1-714-530-7413 www.factoc.org/magnoliapark
Huntington Beach	Oak View Family Resource Center — FaCT 1-714-842-4002 www.factoc.org/oakview
Irvine	Families Forward 1-949-552-2727 <u>www.families-forward.org</u>
	FOR Families 1-949-724-6650 www.cityofirvine.org/seek-assistance/families
	Irvine Family Resource Center 1-949-936-7501 www.iusd.org/about/departments/education-services/student- support-services/mental-health-and-wellness/irvine

City	Family Resourse Center Contact Information
La Habra	La Habra Family Resource Center — FaCT 1-714-447-3460 www.factoc.org/lahabra
Lake Forest	Share Our Selves (SOS) and PEACE Center Health Clinic 1-949-270-2100 www.shareourselves.org/locations/sos-and-peace-center-health- clinic
	South Orange County Family Resource Center 1-949-364-0500 www.socfrc.org
Los Alamitos	WE CARE of Los Alamitos 1-562-598-9790 www.wecarelosalamitos.org
Orange	El Modena Family Resource Center 1-714-532-3595 www.factoc.org/elmodena
	Friendly Center — Orange Family Resource Center 1-714-771-5300 <u>www.friendlycenter.org</u>
Placentia	Friendly Center — Placentia Family Resource Center 1-714-769-8660 www.factoc.org/friendlycenterplacentia
San Juan Capistrano	Community Health Enrichment Collaborative (CHEC) Family Resource Center 1-949-489-7742 www.mission4health.com/contact-us/locations-directions/chec- family-resource-center

City	Family Resourse Center Contact Information
Santa Ana	Corbin Family Resource Center 1-714-480-3737 www.factoc.org/corbin_
	Catholic Charities of Orange County 1-714-347-9600 www.ccoc.org
	Regional Center of Orange County (Comfort Connections Family Resource Center) 1-714-796-5100 http://www.rcocdd.com/frc/ccfrc/
	Delhi Center 1-714-481-9600 www.delhicenter.org
	Minnie Street Family Resource Center — FaCT 1-714-972-5775 www.factoc.org/minniestreet
Stanton	Stanton Family Resource Center — FaCT 1-714-379-0129 www.factoc.org/stanton
Tustin	Tustin Family & Youth Center 1-714-573-3370 https://www.tustinca.org/directory.aspx?did=72
Westminster	Westminster Family Resource Center — FaCT 1-714-903-1331 www.factoc.org/westminster