

# Comprehensive Health Assessment

<b>3 Years Old</b>	Actual Age: _____	Date: _____
Medical Record #		
Gender	<input type="checkbox"/> Male <input type="checkbox"/> Female	
Accompanied by	<input type="checkbox"/> Mother <input type="checkbox"/> Father <input type="checkbox"/> Other:	
Parent's Primary Language		
Interpreter Requested	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Refused	
Name of Interpreter		
<b>Intake</b>		<b>Vital Signs</b>
Allergies		Temp
Height		BP
Weight		Pulse
BMI Value		Resp
BMI %		
Pain	Location: _____ Scale: 0 1 2 3 4 5 6 7 8 9 10	
Hearing Screening	<input type="checkbox"/> Responded at $\leq 25$ dB at 1000-4000 frequencies in both ears <input type="checkbox"/> Non coop	
Vision Screening	OD: _____ OS: _____ OU: _____ <input type="checkbox"/> Non coop	
Dental Provider	Last visit date: _____	
Chronic Problems/Significant Conditions: <input type="checkbox"/> See Problem List		
Current Medications/Vitamins: <input type="checkbox"/> See Medication List		
<b>Interval History</b>		
Diet / Nutrition	<input type="checkbox"/> Regular <input type="checkbox"/> Iron-rich foods <input type="checkbox"/> Other:	
Appetite	<input type="checkbox"/> Good <input type="checkbox"/> Fair <input type="checkbox"/> Poor	
Elimination	<input type="checkbox"/> Normal <input type="checkbox"/> Abnormal	
Has WIC	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Physical Activity	<input type="checkbox"/> Inactive (little or none) <input type="checkbox"/> Some (< 2 ½ hrs/week) <input type="checkbox"/> Active (> 60 min/day)	
Sleep Pattern	<input type="checkbox"/> Regular <input type="checkbox"/> Fatigue <input type="checkbox"/> Snoring <input type="checkbox"/> Enuresis	
Fluoridated Water Supply	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Fluoride Varnish	Date last applied: _____	
Vaccines Up to Date	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> See <a href="#">CAIR</a>	
<b>Family History</b>	<input type="checkbox"/> Unremarkable	<input type="checkbox"/> Diabetes
<input type="checkbox"/> Heart disease	<input type="checkbox"/> HTN	<input type="checkbox"/> Asthma
<input type="checkbox"/> High cholesterol	<input type="checkbox"/> Cancer	<input type="checkbox"/> Family Hx of unexpected or sudden death < 50 YO
<input type="checkbox"/> Other: _____		

Name: \_\_\_\_\_

DOB: \_\_\_\_\_

Psychosocial & Behavioral Assessment, Family/Social Factors	<input type="checkbox"/> WNL - Stable relationships w/ social/emotional support <input type="checkbox"/> Changes in family since last visit (move, job, death) <input type="checkbox"/> Problems with housing, food, employment <input type="checkbox"/> Family stressors (mental illness, drugs, violence/abuse)		
Lives with	<input type="checkbox"/> 1 Parent <input type="checkbox"/> 2 Parents <input type="checkbox"/> Other: _____		
<b>AAP Risk Screener</b>	<b>Screening Tools Used</b>	<b>Low Risk</b>	<b>High Risk</b> (see Plan/Orders/AG)
Anemia	<input type="checkbox"/> H&P, <input type="checkbox"/> Other:	<input type="checkbox"/>	<input type="checkbox"/>
Blood Lead	<input type="checkbox"/> <a href="#">Lead Assessment</a> , <input type="checkbox"/> H&P, <input type="checkbox"/> Other:	<input type="checkbox"/>	<input type="checkbox"/>
Dental (cavities, no dental home)	<input type="checkbox"/> H&P, <input type="checkbox"/> Other:	<input type="checkbox"/>	<input type="checkbox"/>
Dyslipidemia	<input type="checkbox"/> H&P, <input type="checkbox"/> Other:	<input type="checkbox"/>	<input type="checkbox"/>
Hepatitis B	<input type="checkbox"/> H&P, <input type="checkbox"/> Other:	<input type="checkbox"/>	<input type="checkbox"/>
Intimate Partner Violence	<input type="checkbox"/> <a href="#">PEARLS</a> , <input type="checkbox"/> H&P, <input type="checkbox"/> Other:	<input type="checkbox"/>	<input type="checkbox"/>
Psychosocial / Behavioral	<input type="checkbox"/> <a href="#">PSC</a> , <input type="checkbox"/> H&P, <input type="checkbox"/> Other:	<input type="checkbox"/>	<input type="checkbox"/>
Tobacco Use / Exposure	<input type="checkbox"/> <a href="#">SHA</a> , <input type="checkbox"/> H&P, <input type="checkbox"/> Other:	<input type="checkbox"/>	<input type="checkbox"/>
Tuberculosis Exposure	<input type="checkbox"/> <a href="#">TB Risk Assessment</a> , <input type="checkbox"/> H&P, <input type="checkbox"/> Other:	<input type="checkbox"/>	<input type="checkbox"/>
<b>Growth and Development</b>			
<input type="checkbox"/> Balances on each foot, 1 second	<input type="checkbox"/> Eats independently	<input type="checkbox"/> Helps in dressing	
<input type="checkbox"/> Uses 3-word sentences	<input type="checkbox"/> Goes up stairs alternating feet	<input type="checkbox"/> Draws a single circle	
<input type="checkbox"/> Plays with several children	<input type="checkbox"/> Knows age, sex, first, & last name	<input type="checkbox"/> Cuts with scissors	
<b>Physical Examination</b>			
<b>General appearance</b>	Well-nourished & developed No abuse/neglect evident	<input type="checkbox"/>	
<b>Head</b>	Symmetrical, A.F. closed	<input type="checkbox"/>	
<b>Eyes</b>	PERRLA, conjunctivae & sclerae clear Red reflexes present, No strabismus Appears to see	<input type="checkbox"/>	
<b>Ears</b>	Canals clear, TMs normal Appears to hear	<input type="checkbox"/>	
<b>Nose</b>	Passages clear, MM pink, no lesions	<input type="checkbox"/>	
<b>Teeth</b>	No visible cavities, grossly normal	<input type="checkbox"/>	
<b>Mouth / Pharynx</b>	Oral mucosa pink, no lesions	<input type="checkbox"/>	
<b>Neck</b>	Supple, no masses, thyroid not enlarged	<input type="checkbox"/>	
<b>Chest / Breast (females)</b>	Symmetrical, no masses Tanner stage: I II III IV V	<input type="checkbox"/>	
<b>Heart</b>	No organic murmurs, regular rhythm	<input type="checkbox"/>	
<b>Lungs</b>	Clear to auscultation bilaterally	<input type="checkbox"/>	
<b>Abdomen</b>	Soft, no masses, liver & spleen normal	<input type="checkbox"/>	
<b>Genitalia</b>	Grossly normal Tanner stage: I II III IV V	<input type="checkbox"/>	
<b>Male</b>	Circ / uncircumcised, testes in scrotum	<input type="checkbox"/>	
<b>Female</b>	No lesions, normal external appearance	<input type="checkbox"/>	
<b>Hips</b>	Good abduction	<input type="checkbox"/>	

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Femoral pulses	Normal	<input type="checkbox"/>
Extremities	No deformities, full ROM	<input type="checkbox"/>
Skin	Clear, no significant lesions	<input type="checkbox"/>
Neurologic	Alert, no gross sensory or motor deficit	<input type="checkbox"/>
<b>Subjective / Objective</b>		
<b>Assessment</b>		
<b>Plan</b>		
<b>Referrals</b>		
<input type="checkbox"/> WIC	<input type="checkbox"/> Optometrist / Ophthalmologist	<input type="checkbox"/> Audiologist
<input type="checkbox"/> Dentist	<input type="checkbox"/> Dietician / Nutritionist	<input type="checkbox"/> Pulmonologist
<input type="checkbox"/> CA Children's Services (CCS)	<input type="checkbox"/> Regional Center	<input type="checkbox"/> Early Start or Local Education Agency
<input type="checkbox"/> Other:		
<b>Orders</b>		
<input type="checkbox"/> COVID 19 vaccine	<input type="checkbox"/> MMR	<input type="checkbox"/> CBC / Basic metabolic panel
<input type="checkbox"/> DTaP	<input type="checkbox"/> PPSV	<input type="checkbox"/> Hct / Hgb (if high risk)
<input type="checkbox"/> Hep A vaccine (if not up to date)	<input type="checkbox"/> PPSV (if high risk)	<input type="checkbox"/> Lipid panel (if high risk)
<input type="checkbox"/> Hep B vaccine (if not up to date)	<input type="checkbox"/> Varicella (2 <sup>nd</sup> Dose)	<input type="checkbox"/> PPD skin test
<input type="checkbox"/> IPV	<input type="checkbox"/> Blood Lead (if not in chart)	<input type="checkbox"/> QFT
<input type="checkbox"/> Influenza vaccine	<input type="checkbox"/> Hep B Panel (if high risk)	<input type="checkbox"/> CXR
<input type="checkbox"/> Meningococcal (if high risk)	<input type="checkbox"/> Rx Fluoride drops / chewable tabs 0.25-0.50 mg QD (PRN through age 4)	<input type="checkbox"/> Urinalysis
<input type="checkbox"/> ECG	<input type="checkbox"/> COVID 19 test	<input type="checkbox"/> Fluoride varnish application
<input type="checkbox"/> Other:		

Name:

DOB:

<b>Anticipatory Guidance (AG) / Education (✓ if discussed)</b>		
<b>Diet, Nutrition &amp; Exercise</b>		
<input type="checkbox"/> Weight control / obesity	<input type="checkbox"/> Vegetables, fruits	<input type="checkbox"/> Meal socialization
<input type="checkbox"/> Whole grains / iron-rich foods	<input type="checkbox"/> Limit fatty, sugary & salty foods	<input type="checkbox"/> Limit candy, chips & ice cream
<input type="checkbox"/> Physical activity / exercise	<input type="checkbox"/> Regular balanced meal with snacks	<input type="checkbox"/> School lunch program
<b>Accident Prevention &amp; Guidance</b>		
<input type="checkbox"/> <a href="#">Lead poisoning prevention</a>	<input type="checkbox"/> Seat belt / Toddler car seat	<input type="checkbox"/> Independence
<input type="checkbox"/> Routine dental care	<input type="checkbox"/> Safety helmet	<input type="checkbox"/> Make-believe / role play
<input type="checkbox"/> Brush teeth with fluoride toothpaste	<input type="checkbox"/> Storage of drugs / toxic chemicals	<input type="checkbox"/> Dressing self
<input type="checkbox"/> Fluoride varnish treatment	<input type="checkbox"/> Matches / burns	<input type="checkbox"/> Reading together / school readiness
<input type="checkbox"/> Family support, social interaction & communication	<input type="checkbox"/> Violence prevention, gun safety	<input type="checkbox"/> Knows name, address, & phone number
<input type="checkbox"/> Caution with strangers	<input type="checkbox"/> Poison control phone number	<input type="checkbox"/> Plays with other children
<input type="checkbox"/> Skin cancer prevention	<input type="checkbox"/> Smoke detector	<input type="checkbox"/> Limit screen time
<input type="checkbox"/> Falls	<input type="checkbox"/> Hot water temp < 120° F	<input type="checkbox"/> Bedtime
<input type="checkbox"/> Effects of passive smoking	<input type="checkbox"/> Drowning / pool fence	<input type="checkbox"/> Toileting habits
<b>Next Appointment</b>		
<input type="checkbox"/> 1 year	<input type="checkbox"/> RTC PRN	<input type="checkbox"/> Other:

<b>Documentation Reminders</b>		
<input type="checkbox"/> Staying Healthy Assessment / IHEBA forms reviewed, completed, dated, & signed by provider	<input type="checkbox"/> Height / Weight / BMI measurements plotted in CDC growth chart	<input type="checkbox"/> Vaccines entered in CAIR (manufacturer, lot #, VIS publication dates, etc.)

MA / Nurse Signature	Title	Date
Provider Signature	Title	Date

<b>Notes (include date, time, signature, and title on all entries)</b>