

**FORM TO FILE A STATE HEARING**

You can ask for a State Hearing by calling: 1-800-952-5253.

TDD users, call 1-800-952-8349.

Or you can fill out this form and FAX it to State Hearing Support at 916-651-5210 or 916-651-2789.

Or you can mail this page to: California Department of Social Services  
State Hearing Division  
P.O. Box 944243, MS 19-17-37  
Sacramento, CA 94244-2430

For free help filling out this form, call the legal help phone number listed on 'Your Rights.'

**I do not agree with the decision about my health care. Here's why:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

(If you need more space, use another piece of paper. Make a copy for your records.)

**Check these boxes only if they apply to you:**

(1)  I want the person named below to represent me. She/he can see my medical records that relate to this hearing, come to the hearing, and speak for me.

Name: \_\_\_\_\_  
Address: \_\_\_\_\_ Phone Number: \_\_\_\_\_

(2)  I need a free interpreter. My language or dialect is:

(3)  I also want to file a grievance against the health plan. I understand the State will send my health plan a copy of this form.

(4)  My situation is **urgent**. I need a quick decision and cannot wait 90 days because: (Explain what may happen without a quick decision. As discussed in the "Your Rights" information notice, you will also need a letter from your doctor or health plan if you want an expedited hearing).

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

(5)  Please continue the service my Plan has stopped until my hearing.

My Name: \_\_\_\_\_ My Social Security Number: \_\_\_\_\_  
Address: \_\_\_\_\_  
\_\_\_\_\_ Phone Number: \_\_\_\_\_

My signature: \_\_\_\_\_ Today's Date: \_\_\_\_\_

(After you complete this form, make a copy for your records.)