

CalOptima Board of Directors' Quality Assurance Committee

Supplemental to
May 16, 2018 Board of Directors' Quality Assurance Committee
Meeting Agenda

INFORMATION ITEM

- 7 Perinatal Support Services Program Update



CalOptima
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Perinatal Support Services Program Update

**Board of Directors' Quality Assurance Committee Meeting
May 16, 2018**

Richard Bock, M.D., Deputy Chief Medical Officer

Pshyra Jones, Director, Health Education & Disease Management

Perinatal Support Services (PSS)

- DHCS requires Contractors to provide the following Comprehensive Perinatal Support Program (CPSP) services:
 - All medically necessary services for pregnant members per the most current standards or American College of Obstetricians and Gynecologists (ACOG) guidelines
 - A comprehensive risk assessment
 - Individual care plans addressing obstetrical, nutrition, psychosocial, and health education
 - Timely high risk clinical referrals to appropriate specialists and for delivery services
 - Referrals to other CalOptima and community-based resources
- CalOptima PSS program provides all of the above, plus:
 - Enhanced Care Coordination (home visitation)

Our Current Program Model

Per 2008 Board Action:

Approval of capitated contract for Perinatal Support Services with MOMS Orange County

- MOMS Orange County utilizes a home visitation program model to provide CPSP as well as care coordination services

Community obstetricians continue to provide CPSP services on a fee-for-service basis at Medi-Cal rates.

Perinatal Support Services (PSS) Value Comparison

CY 2016 HEDIS Rates

	Members	Prenatal Rate	Postpartum Rate	Cost	Cost/Member
Non-CPSP PSS Vendor	1,596	73.5%	48.8%	\$4.1 million	\$2,568
CPSP Fee-for-Service PSS Providers	5,912	73.2%	51.7%	\$1.3 million	\$230

CY 2017 HEDIS Rates

	Members	Prenatal Rate	Postpartum Rate	Cost	Cost/Member
Non-CPSP PSS Vendor	977	77.2%	65.9%	\$3.2 million	\$3,275
CPSP Fee-for-Service PSS Providers	6,663	72.6%	57.8%	\$1.6 million	\$247

Timeline Review

- Proposed Program revision presented to QAC (Nov. 2016) and FAC (Feb. 2017)
- March 2017: Board of Directors approved changes:
 - Issue a Request for Proposal (RFP)
 - Amend-capitated contract with existing PSS vendor to carve out Medi-Cal Expansion population
- April 2018: RFI, RFP, literature review and PSS provider community survey completed

RFI/RFP Findings

- Only two qualified respondents to RFP.
- Current RFP allows contracting with only these two vendors for non-CPSP PSS services.
- Limited program participation with non-CPSP vendor in parts of the county.
- Analysis identified >250 current CPSP providers as well as one of the responding vendors willing to participate at or below Medi-Cal rates.
- Enhanced care coordination (i.e., home visitation) may lead to improved outcomes.

Next Steps

- Staff to bring a recommendation to the June 7, 2018 Board of Directors meeting requesting authority to:
 - Withdraw PSS RFP
 - Authorize CalOptima to contract with all willing, qualified PSS providers and vendors at Medi-Cal rates.
 - Authorize the addition of an enhanced care coordination rate to compensate for authorized home visits.

CalOptima Perinatal Program Rates

	Code	Description	**Max units/ member	Cost/ unit 100% Medi-Cal	Total 100% Medi-Cal Cost
Initial Visit	Z6500	Initial Visit	1	\$135.83	\$135.83
1st 1-12 weeks	Z6406	Health Education	2.7	\$8.41	\$22.43
	Z6204	Nutrition	2.7	\$8.41	\$22.43
	Z6304	Psychosocial	3	\$8.41	\$33.64
2nd 13-28 weeks	Z6406	Health Education	2.7	\$8.41	\$22.43
	Z6204	Nutrition	2.7	\$8.41	\$22.43
	Z6304	Psychosocial	3	\$8.41	\$33.64
3rd 29-40 weeks	Z6406	Health Education	2.7	\$8.41	\$22.43
	Z6204	Nutrition	2.7	\$8.41	\$22.43
	Z6304	Psychosocial	3	\$8.41	\$33.64
Post- partum	Z6414	Health Education	4	\$8.41	\$33.64
	Z6208	Nutrition	4	\$8.41	\$33.64
	Z6308	Psychosocial	6	\$8.41	\$50.46
Classes					
	Z6412	Group Classes	20	\$2.81	\$56.20
Case Mgmt Rate	T1017	Care Coordination	4	\$50.00	\$200.00
Total					\$509.77

**1 unit = 15 minutes

CalOptima's Mission

To provide members with access to quality health care services delivered in a cost-effective and compassionate manner

