

DRIVE TO REVIVE

SAVING LIVES, ONE SPRAY AT A TIME



How to Use Naloxone

Naloxone is a medicine for the treatment of a known or suspected opioid overdose or fentanyl poisoning.

Symptoms

- Pale face
- Limp body
- Blueish lips or nails
- Vomiting or gurgling
- Drowsiness or unconsciousness
- Slow breathing or heartbeat
- Muscle spasms

Naloxone is safe and easy to use. Follow these three simple steps:



1 Peel — Peel the package. Do not push the plunger.

2 Place — Place in one of the person's nostrils.

3 Press — Press down on the plunger.

Remember — Call 9-1-1 after you give naloxone. An overdose requires emergency medical attention even after naloxone is used!

For help with a substance use disorder, call:

- National Crisis Hotline: **9-8-8**
- Orange County Resources: **2-1-1**
- OC Links: **1-855-625-4657**

caloptima.org

CalOptima Health, A Public Agency



CalOptima Health

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Naloxone FAQ

What is naloxone?

Naloxone is a nasal spray medicine for the treatment of a known or suspected overdose. Naloxone is the name of the generic drug. Brand names include Kloxxado and Narcan.

Do I still need to call emergency services if I use naloxone?

Yes, naloxone is not a substitute for emergency services needed during a known or suspected opioid overdose or fentanyl poisoning. Call 9-1-1 after you give naloxone.

Who can use naloxone?

Anyone can use naloxone. There is no special training required. One spray contains a single dose.

Can I use naloxone on a child?

Yes, naloxone is safe for children.

Can I reuse naloxone?

No, you cannot reuse naloxone. Each device is for a single use and single dose. The device is to be sprayed once and then thrown out.

Where can I get naloxone?

CalOptima Health is offering free naloxone to all members. If you are not a member, you can purchase naloxone at a pharmacy without a prescription or get a free dose from an Orange County Health Care Agency provider partner. Visit www.fentanylisforeveroc.org.

If you have questions or need help with your health care services, call CalOptima Health's Customer Service department at 1-714-246-8500, or toll-free at 1-888-587-8088 (TTY 711), Monday through Friday, from 8 a.m. to 5:30 p.m. We have staff who speak your language. You can also visit our website at www.caloptima.org.



Get naloxone —
learn how you can help save lives

caloptima.org

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